



MAIN COURSE CALIFORNIA WEEKLY SPECIALS

VOLUME 1, ISSUE 24

JUNE 29, 2009



Flag Cupcakes for 4th of JULY!!!
Order by Thursday for Friday pick up or delivery!
10.99 1/2 dz
16.95 dz



Roasted Turkey Sandwich.
Our Lunch Menu is so tasty & affordable!

Store Hours:
We cater Breakfast

Lunch: 11am-2:30pm
Gourmet Case
Available 11am to 5pm



Need a **Personal Chef** to help you throw an amazing dinner party? We can staff Chefs & Servers to lend an extra hand!!!

A SAMPLING FROM OUR TAKE-OUT GOURMET CASE

ORDER EARLY FOR the 4th OF JULY!

ENTREES—

- BBQ Baby Back Ribs** 10.99 per pound
- Herb Grilled Free Range Chicken Breasts** 4.99 each
- Grass Fed Organic Burger Patties Ready for the Grill** 8.99 per pound
Make those burgers fabulous! Order our red onion marmalade, herbed mayo, and home made pickles for your burgers, too.

SIDES & SPECIALTIES

- Balsamic Roasted Local Vegetables** 3.95 per half pound
- Chiles Rellenos** 3.95 each with salsa
- Green Bean Salad** 6.99 per pound

QUICHE

Chile and Cheese Quiche It's our favorite yet! It's a chile relleno made into a quiche. Delicious! 5.99 per slice, 7.95 with salad

LUNCH SPECIAL

*Any Sandwich can be made into a salad—anytime! We have gluten free bread & whole wheat pitas as well. An * means the item is gluten-free.*

Weekly Lunch Specials for June 29-July 4th

All Served with your choice of side

Chicken Caprese Sandwich with Caesar Dressing, Basil, Fresh Mozzarella, and Local Tomatoes on a warm Baguette 8.99

BBQ Baby Back Ribs 9.99

Delicious Egg Salad Sandwich 7.95

Our Fresh Baked, Home Made Cookies 1.75 each or 19.75 dozen

We Now Have GLUTEN-FREE BREAD! 8.69 per loaf

1363 Donlon St. Suite 11 Ventura, CA 93003 (805) 658-8900

www.maincourseca.com